



PARKWAY.
SCHOOLS

# Catering Guide

Let us cater your next event!





## Breakfast Options

#### Conference Breakfast

Assorted Bagels: Peanut Butter, Butter, Cream Cheese, and Jelly

Choice of 2 Pastries: Muffins, Assorted Danish, Assorted Scones or Croissants

Sliced Fruit Platter

Breakfast Beverage Service: Individual Orange juice, water (infused water available upon request – Lemon, Lime Strawberry or Cucumber, Coffee and Decaf

Per Person

\$5.25

#### **Breakfast Sandwich Platter**

Santa Fe Breakfast Wrap

Sausage, Egg and Cheese on a Biscuit or Croissant

Sausage and Cheese on a Biscuit or Croissant

Bacon, Egg, and Cheese on a Biscuit or Croissant

Sliced Fruit Platter

Breakfast Beverage Service: Individual Orange juice, water (infused water available upon request – Lemon, Lime Strawberry or Cucumber, Coffee and Decaf

Per Person

\$7.50

### **Breakfast**

### **Fresh Fruit and Yogurt Platter**

- Premade yogurt parfaits with your choice of fruit and granola
- Sliced Fruit Platter or Fruit Salad (Seasonal)
- Assorted Muffins
- Breakfast Beverage Service: Individual orange juice, water (Infused water upon request – Lemon, Lime, Strawberry, or Cucumber), Coffee and Decaf

Per Person

\$5.25

#### **Breakfast Burrito Bar**

- Scrambled Eggs
- Choice of Meat: Bacon, Sausage, or Ham
- Warm Flour Tortillas, Hash Browns, Pico De Gallo, Salsa, Shredded Cheddar Cheese
- Sliced Fruit Platter
- Breakfast Beverage Service : Individual orange juice, water (Infused water upon request Lemon, Lime, Strawberry, or Cucumber), Coffee and Decaf

Per Person

\$9.90

### **Country Breakfast**

- Warm Buttermilk Biscuits or Toast
- Scrambled Eggs
- Golden Hash Browns or Grits
- Crisp Bacon and Sausage
- Butter and Jelly
- Breakfast Beverage Service: Individual orange juice, water (Infused water upon request – Lemon, Lime, Strawberry, or Cucumber), Coffee and Decaf

Per Person

\$9.90

#### The Griddle

- French Toast or French Toast Sticks
- Strawberry Topping, Powdered Sugar, Butter and Syrup
- Golden Hash Browns or Grits
- Crisp Bacon and Sausage
- Breakfast Beverage Service: Individual orange juice, water (Infused water upon request – Lemon, Lime, Strawberry, or Cucumber), Coffee and Decaf

Per Person

\$9.90



### Lunch

#### **Conference Sandwich Lunch**

- Sandwich Platter: Deli Sandwiches on Fresh Baked Bread
- Choice of: Ham, Turkey, Salami, Roast Beef, Tuna Salad or Combo (Add Chicken Salad - \$1.00 Per Person)
- Choice of Cheese: American, Provolone, or Pepper Jack
- Lettuce, Tomato, Pickles, and Condiments
- Choice of two Sides: Garden Salad,
   Coleslaw, Pasta Salad, Potato Salad, Fruit
   Salad and Chips
- Cookie and Brownies
- Beverage Service: Canned Sodas and
   Water (Infused water available upon request
   Lemon, Lime, Strawberry, or Cucumber)

Per Person

\$10.95

### Conference Sandwich Lunch- Build your Own

- Build your own Sandwich Bar Assorted Meats and Cheeses (Ham, Turkey, Salami, Roast Beef, Tuna Salad, Swiss, Provolone, Pepper Jack, and American Cheese (Add Chicken Salad - \$1.00 Per Person)
- Freshly Baked Bread and Rolls, Lettuce, Tomato, Pickles and Condiments
- Choice of Two Sides: Garden Salad,
   Coleslaw, Pasta Salad, Potato Salad, Fruit
   Salad, and Chips
- Cookie and Brownies
- Beverage Service: Canned Sodas and
   Water (Infused water available upon request
   Lemon, Lime, Strawberry, or Cucumber)

Per Person

\$10.95





### **Box Lunch Salads**

\$9.75

All Salads Include a Cookie or Brownie

### The Parkway

 Spinach, Spring Mix, Seasonal Berries, Craisins, Toasted Almonds, Mozzarella, and Blueberry Vinaigrette

### **Chicken Caesar Salad**

- Roasted Chicken, Romaine, Artichoke Hearts, Croutons, Parmesan, and Caesar Dressing

### **Chophouse Salad**

Turkey, Romaine,
 Diced Tomatoes,
 Sliced Red Onion,
 Bacon, Cheddar, and
 Chipotle Vinaigrette

### **Taco Salad**

Romaine Lettuce,
 Diced Tomatoes, Black
 Olives, Cheddar
 Cheese, Sour Cream,
 Salsa, Choice of
 Seasoned Ground
 Beef or Fajita Chicken

### The Italian

Turkey Salami,
 pepperoni, Ham,
 Romaine, Artichoke
 Hearts, Roasted Red
 Pepper, Olives,
 Mozzarella, Parmesan
 and Sweet Italian
 Dressing

Optional Dressings: Balsamic Vinaigrette, Ranch, French, Thousand Island, or Raspberry Vinaigrette





### **Box Lunch Sandwiches**

\$9.75

All Sandwiches Include a choice of: Chips or Fruit Cup and a Cookie or Brownie

### **Italian Combo**

 Turkey, Ham , Salami, and Roast Beef, with Provel Cheese, Lettuce, Tomato, and Onion served with House made Italian Dressing Served on Italian Bread

### Honey Ham on Pretzel Bun

Thinly Sliced Honey Ham with Monterey Jack Cheese, Lettuce, and Tomato served on a Pretzel Bun

### The Beef and Bleu

 Thinly Sliced Roast Beef, Red Onions, Cheddar and Romaine Lettuce. Served with a Horseradish Aioli and blue Cheese Crumble

### Chicken Salad on Croissant

 House made Chicken Salad with Romaine Lettuce and Sliced tomato on a Buttery Croissant

### The Veggie Wrap

Lettuce, Tomato, Cucumber, Black Olive, Onion, Feta, Hummus, and Balsamic on a Spinach Wrap

# Turkey and Cheddar on Ciabatta

Turkey and Cheddar on ciabatta with romaine, sliced tomato, with Honey Mustard Dressing



### **Hot Buffets**

#### **BBQ** Bar

- -Choice of 2 Meats : BBQ Pulled Pork, BBQ Chicken, BBQ Ham, BBQ Pork Steaks
- Choice of two Sides: Corn on the Cob, Baked Beans, Roasted Vegetables, Collard Greens, Cornbread, Potato Salad or Chips

Per Person

\$12.00

#### **Grill Bar**

- Beef Hamburgers and Grilled Chicken Breast or a Combo with Hamburger Rolls
- Assorted Cheese, Lettuce, Sliced Tomatoes, Pickles, Onions and Condiments
- Choice of two sides: Corn on the Cob, Baked Beans, Roasted Vegetables, Collard Greens, Corn Bread, Potato Salad, Coleslaw or Chips

Per Person

\$12.00

### **Taco & Burrito Bar**

- Beef Taco Meat and Seasoned Fajita Chicken
- -Flour Tortillas, Crisp Taco Shells and/or Nacho Chips
- Nacho Cheese Sauce
- Santa Fe Rice
- Seasoned Black Beans or Refried Beans
- Shredded lettuce,
   Shredded Cheddar,
   Tomatoes, Salsa,
   Jalapenos and Sour Cream

Per Person

\$11.00

#### Pasta Bar

- Choice of Two Noodles : Penne, Spaghetti, Rotini or Macaroni
- Meat Sauce or Marinara and Chicken Alfredo or Veggie Alfredo
- Choice of Caesar Salad or Tossed Salad
- -Roasted Vegetables
- Garlic Bread Sticks or Fresh Baked Rolls with Butter

Per Person

\$11.00

#### **Asian Bar**

- Sweet and Sour and General Tso's Chicken
- Steamed Rice, Fried Rice or Lo Mein Noodles
- Steamed Oriental Vegetables
- Eggrolls Pork, Vegetable or a Combo
- Fortune Cookies

Per Person

\$12.00



Each Buffet includes Choice of Dessert: Assorted Cake, Assorted Pie, Assorted Cookies, Cobbler (Peach, Apple, or Seasonal) and Lunch Beverage Service: Canned Soda and Water (Infused water available upon request- Lemon, Lime, Strawberry, or Cucumber)



### **Custom Hot Buffets**

\$13.00 Per Person

### Entrée - Choice of 1

- Fried or Baked Chicken
- Fried or Baked Fish
- Chicken Wings (Plain, Hot, BBQ, or Asian)
- Roasted Ham, Roast Beef or Turkey
- Baked Pasta Lasagna, Mostaccioli, Fajita Chicken, or Combo
- Homemade Meatballs
- Salad (Fried or Grilled Chicken, Chicken Caesar, or Asian

#### Side: Choice of 2

- Green Beans
- Steamed Cabbage
- Collard Greens
- Roasted Asparagus
- Steamed Broccoli
- Corn or Corn on the Cob
- Steamed California Vegetables
- Potatoes Roasted, Au
   Gratin, or Mashed Potatoes
- Mac n' Cheese
- Caesar or Tossed Salad
- Rice Wild, Dirty,
   Steamed White, or Brown

### **Dessert: Choice of 1**

- Assorted Cookies
- Assorted Cake or Pie
- Cobbler Peach, Apple, or Seasonal Fruit
- Banana Pudding

Each Buffet Includes – Choice of Bread and Lunch Beverage Service – Canned Sodas and Water (Infused water available upon request – Lemon, Lime, Strawberry, or Cucumber)





### **Vegetable Tray**

Broccoli, Cauliflower, Carrots, Celery, Cucumber, Tomatoes. Served with Ranch Dressing

Small 12" - Serves 15 - \$35.50

Large 18" - Serves 26 - \$46.50





### **Treats**

### Cookies

Chocolate Chip, Oatmeal Raisin, Peanut Butter, Sugar

2 Cookies

\$1.00

### **Lemon Bar**

.50 cents a Piece

### Cake

Chocolate, Carrot, German Chocolate Slice, Cheesecake or Lemon Cake

\$3.00 Per Slice

### Brownie

\$1.00 a Piece

### **Sheet Cake**

Available in White, Chocolate, or Marble. Cakes can be personalized with Names and Messages

Half Sheet Cake = \$55.00

Full Sheet Cake = \$90.00





# Beverages

#### **Fresh Brew Coffee**

- 1 Pot Serves 15

1 Pot

\$12.60

**50 Servings = \$35.00** 

100 Servings = \$50.00

#### On Ice

- Iced Tea
- Lemonade
- Punch
- 1 Gallon Serves 20

1 Gallon

\$9.25

#### **Bottled Water and Canned Soda**

Pepsi, Diet Pepsi, Root Beer,
 Sierra Mist, Diet Sierra Mist,
 Orange, Fruit Punch, Brisk Tea

12 Ounce Can - \$1.70 Each

16 Ounce Bottle - \$1.90 Each

### A passion for food. An obsession for details.

Whether you're hosting a meeting for a few guests, a banquet for a crowd or a community event, we will be delighted to work with you to custom design a truly memorable experience.

Disposable plates, cutlery, napkins & condiments accompany all services.

China available at an additional charge.

Orders cancelled with less than 24 hour notice will be fully charged.

(This includes any contracted external labor or rentals)

All orders are subject to Sales Tax, except students

Please note that certain menu items require 24-hour notice.

Special diets and allergies accommodated; please note any restrictions at time of request.

Orders Must be received 72 hours in advance to ensure availability. Delivery From 7:30 a.m. – 2:30 p.m.. If you need other times, we will be happy to work with you. No Deliveries before 7:30 a.m.

Contact us today at: Parkway Food and Nutrition

Phone: 314-415-8242

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